

HOTEL COSTASOL ALMERIA - ROOM SERVICES 2010

ENSALADAS / SALADS

Ensalada costasol (hoja de roble, tomate, maíz, cebolla roja, puntas espárragos y melva Canutera) : 9.50 €
House salad (cherry tomatoes, baby corn, red onion, asparagus tips and young mackerel served on a bed of oak leaf lettuce)

Ensalada cesar (hoja de roble, pollo, manzana, picatostes, salsa de mostaza, anchoas y parmesano), 14.50€
Ceasar salad (oak leaf lettuce, roast chicken strips, apple chunks and croutons, served with a mustard and anchovy dressing)

SOPAS Y CREMAS / SOUPS AND CREAM SOUPS

Consomé al jerez 4.50€
Consommé with a hint of sherry

Caldito de pescado 5.50€
Fish Soup

Crema de verduras 6.00€
Vegetable Cream Soup

RACIONES Y PLATOS / "RACIONES" AND MAIN COURSES

Jamón ibérico con Tostas de pan tomaca 18.50€
Cured iberian ham served on fresh bread with tomato

Surtido de ibéricos 18.50€
A selection of iberian cold meats

Croquetas caseras del chef 11.00€
Homemade croquettes

Parrillada de verduras 13.00€
Roasted vegetables

Pasta de la semana Costasol
Homemade pasta "Costasol"

Huevos rotos con papas a lo pobre, jamón ibérico y salmorejo 13.50€
Scrambled eggs with sliced potatoes, iberian ham and salmorejo

Huevos fritos al gusto (con bacon, jamón, jamón de york.....) 12.50€
Fried eggs with (bacon or iberian ham or york ham) and chips

- **combinado nº 1:**
Lomo de cerdo, huevo frito y patatas 10€
Pork loin, fried egg and chips

- combinado nº 2:

Croquetas caseras, huevo frito y patatas 10€

Croquettes, fried egg and chips

- combinado nº 3:

Calamares fritos, huevo frito y patatas 11,50€

Fried squid, fried egg with chips

POSTRES / DESSERT

Fruta del tiempo preparada 5,50€

Fresh fruit salad

Tarta de la casa 6.00€

Homemade cake

Postre de la semana del chef 6.00€

Chef's Dessert of the week

BOCADILLOS Y SANWICHES / FRESH BREAD ROLLS AND SANDWICHES

Pan blanco o integral

White or whole-grain bread

Queso manchego semicurado 4,20

Spanish manchego cheese

Jamon serrano con tomate o queso 4,50€

Iberian ham with tomato or cheese

Tortilla francesa (al gusto con queso, jamón) 4,50€

French omelette (cooked to your liking with cheese, york ham)

Lomo de cerdo con tomate o queso 5,00€

Pork loin with tomato or cheese

Sandwich de jamón york y queso a la plancha 4,00€

Cheese and york ham toasted sandwich

Sandwich vegetal con huevo 4,50€

Salad sándwich with egg

Sandwich Costasol (base vegetal, jamón york, queso, huevo y bacon) 6,90

Costasol sandwich (lettuce, york ham, chesse, egg and bacon)

Guarnicion extra de; patatas fritas /lechuga y tomate 3,00

Extra Garnish: chips/lettuce and tomato